



James T. Hughey, III, DO

Sports Medicine
Joint Replacement • Knee • Shoulder

Dr. Hughey is a member of The Orthopaedic Center Sports Medicine Team. Board-certified in Orthopaedic Surgery, Dr. Hughey specializes in treatment of disorders of the shoulder, elbow, and knee. That specialization includes arthroscopic surgery, ligament reconstruction, and joint replacement.

Dr. Hughey graduated Magna Cum Laude from Mississippi State University with a degree in biochemistry and completed medical school and his orthopaedic residency at Kansas City University of Medicine and Biosciences. Dr. Hughey trained with renowned orthopaedic surgeon Dr. James Andrews at The Andrews Institute. During his time there, he served as assistant team physician for the Pensacola Blue Wahoos, the Cincinnati Reds' AA baseball team. He currently serves as team physician for area high school teams, as well as the Huntsville Havoc and Alabama A&M University.

Dr. Hughey grew up in Mississippi playing a variety of sports. He is passionate about sports and sports-related injuries. He works to return athletes to play by using the most innovative and effective treatments available.

He lives in Madison with his wife and three children and enjoys traveling, Smith Lake, playing golf, and watching his kids in their various sports and activities. He is an active member of the community and his church, Asbury United Methodist Church

Education & Training

Medical School: Kansas City University of Medicine and Biosciences, College of Osteopathic Medicine, KC, MO

Residency: Chief Resident, St. Mary's Medical Center, Blue Springs, MO

Fellowship: Sports Medicine Fellowship, Andrews Research and Orthopedic Institute, Gulf Breeze, FL

Memberships: Fellow, American Academy of Orthopaedic Surgeons Fellow, American Orthopaedic Society for Sports Medicine Member, American Osteopathic Academy of Orthopedics

Board Certifications: Board Certified - American Board of Orthopaedic Surgery

Areas of Expertise

Shoulder Arthroscopy:

- Impingement Syndrome
- Rotator Cuff Tendinitis
- Rotator Cuff Tears
- Labral Tears
- Instability
- Dislocations
- Adhesive Capsulitis
- AC Joint Separation
- Biceps Tendon Tears

Knee Arthroscopy:

- Cartilage or Meniscus Tears
- Anterior Cruciate (ACL) Tears
- Posterior Cruciate (PCL) Tears
- Patella Dislocation and Subluxation
- Patella Tendinitis
- Osteochondral Lesions or Defects

Elbow:

- Biceps Tendon Tears
- UCL Tears (Tommy John Surgery)
- Lateral and Medial Epicondylitis

Joint Replacement:

- Knee
- Shoulder

Platelet-Rich Plasma (PRP) Injections:

- Tennis elbow and knee arthritis, etc.

Bone Marrow Aspirate Injections

(stem cells): knee arthritis, etc

To schedule an appointment with Dr. James T. Hughey please call (256) 539-2728

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