

Stanton B. Davis, MD

Sports Medicine • Shoulder • Knee



Dr. Stanton Davis specializes in injuries of the shoulder, elbow and knee. Board certified in Orthopaedic Sports Medicine with advanced training in rehabilitation of injuries in active people, Dr. Davis applies the least invasive and most effective techniques, including stem cell and platelet rich plasma (PRP), to reduce pain and speed recovery. Former team physician of the San Francisco 49ers, Stanford University and Auburn University, Dr. Davis works hard to promote sports safety and injury prevention in youth sports, as well as treating adult injuries in the shoulder, elbow and knee, including cartilage and meniscal transplants.

His experience providing orthopaedic care to athletes from all Major League Sports, including International Sporting Leagues, enables him to apply that same level of care to his patients. Dr. Davis currently works with Alabama Hunter Jumper Association and US Equestrian Federation trainers and athletes. He is a team physician for the Huntsville Havoc and Alabama A & M University. Dr. Davis partners with Huntsville Hospital SportsCenter, a community outreach program, to provide athletic training, medical and educational services to area high schools.

Before being recognized as one of America's Top Orthopedists by the Consumer Research Council of America, Dr. Davis served as chief resident of Stanford University's orthopaedic program, followed by a position as clinical faculty at the University of Tennessee School of Medicine in Chattanooga. He is currently clinical faculty for the Sports Medicine Dept at the UAB School of Medicine in Huntsville. He instructs athletic trainers, physical therapy, physician assistants and young physicians in the diagnosis and treatment of sports-related conditions in youth and aging athletes.

Dr. Davis serves internationally by taking medical teams and building relationships with healthcare providers in Moldova, Israel, China, and Haiti. He hosts visiting international surgeons and instructs them on techniques to improve the quality of orthopaedic services in their communities.

Education & Training

Medical School: East Tennessee State University College of Medicine, Johnson City, TN

Residency: Stanford University Medical Center, Stanford, CA

Fellowship: Sports Medicine, American Sports Medicine Institute, Birmingham, AL

Board Certifications: American Board of Orthopaedic Surgery and Certificate of Added Qualification (CAQ),

Orthopaedic Sports Medicine Certification

Areas of Expertise

- Shoulder arthroscopy: Bone spurs, impingement, tendinitis, rotator cuff tears, labral tears, SLAP tears, biceps tendon tears, shoulder dislocations, AC joint separations, frozen shoulder/adhesive capsulitis, etc.
- Knee arthroscopy: Meniscus and other cartilage tears, ACL and other ligament tears, patella dislocations, etc.
- Elbow surgery: Biceps tendon tears, UCL tears (Tommy John surgery), etc.
- Bone marrow aspirate (stem cell) injections: Knee arthritis and other needs
- Platelet-rich plasma (PRP) injections: Tennis elbow, patella tendinopathy, knee arthritis, etc.

To schedule an appointment with Dr. Stanton B. Davis please call (256) 539-2728

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