

Heather L. Licht, MD

Hand, Wrist and Elbow



Dr. Heather Licht is a member of The Orthopaedic Center's Hand, Wrist, & Elbow team. She is a board-certified orthopaedic surgeon specializing in the surgery of the hand and treats conditions that involve the bones, tendons, nerves, and muscles of the hand. Dr. Licht believes in applying the least invasive, most effective techniques in surgical treatment and rehabilitation of hand, wrist and elbow injuries.

Dr. Licht loves the diversity of her speciality of being able to treat all ages and the vast array of disorders and treatment options. She believes that it's important to listen to her patients compassionately and strive to individualize their care to meet their specific needs.

Education & Training

Medical School: The University of Maryland School of Medicine, Baltimore, MD **Residency:** Baylor Scott & White-Texas A&M College of Medicine, Temple, TX

Fellowship: Baylor College of Medicine, Houston, TX

Memberships: American Society for Surgery of the Hand (ASSH), American Academy of Orthopaedic Surgery (AAOS), American Association for Hand Surgery (AAHS)

Areas of Expertise

- Tendon problems such as tennis elbow, tendonitis, acute sports injuries and tendon lacerations
- Simple or complex and fractures of bones from the elbow to the small bones in the hand
- Correction of Arthritis and Wrist and Finger Joint Deformities
- Peripheral Nerve Injuries and Nerve Compression Conditions Including Carpal Tunnel Syndrome
- Severed Nerves
- Sprains, Strains, Dislocations, and Fractures
- Dislocations
- Trigger Finger
- Ganglion Cysts
- Joint Replacement
- Microsurgery

To schedule an appointment with Dr. Heather Licht please call (256) 539-2728

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